



KGV

sodexo
at SCHOOL

sodexo
at SCHOOL

MAKE YOUR
VOICE HEARD

Every voice matters



GIVE YOUR
FEEDBACK TO US



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SPEAK TO A STAFF MEMBER

sodexo

MENU MECHANISM



All our meals are
Nuts Free



All our eggs are
Cage Free



Discover
Locally Made
products



Savor
Low Carbon
footprint
produce



Ingredients
good for
Planet & Health



GO & ENJOY

OK BUT THINK

BE CAUTIOUS

All our menus are reviewed by our nutritionists and tailored to the nutritional requirements of specific age groups.

Our **Food Traffic Light** will guide students in making informed meal choices.

ALLERGEN ALERT & FOOD ICONS



A Healthy and Balanced Diet Every Day!

sodexo
at SCHOOL



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DISCLAIMER:

Our kitchen handles common allergens like gluten, soy, milk, eggs, fish, and seafood.

While we take every precaution to minimize cross-contamination within our kitchens, it may arise due to factors beyond our control and could alter the accuracy of allergen information provided.

May 12 - 16

WEEKLY MENU



12/05 Monday
















13/05 Tuesday

14/05 Wednesday


15/05 Thursday

16/05 Friday

SOCIAL KITCHEN | Monday: 11:00am - 1:30pm; Tuesday to Friday: 11:30am - 2:30pm

Meal A \$40 Takeaway \$37 Dine-in	Braised Pork Curry in Japanese Style w/ Rice 	Spaghetti Bolognaise	Grilled Chicken Steak in Peppercorn Sauce w/ Rice 	Sweet & Sour Pork w/ Rice 	Boeuf Bourguignon w/ Rice
Meal B \$40 Takeaway \$37 Dine-in	Tomato & Chicken Casserole w/ Rice OR Penne	Baked Fish Florentine w/ Rice  	Braised Beef Brisket w/ Radish, Rice	Chicken & Mushroom Brown Stew w/ Rice 	Baked Fish Fillet in Creamy Pumpkin Sauce w/ Macaroni OR Rice 
Meal C \$37 Takeaway \$34 Dine-in	(Vegan) Braised White Gourd w/ Assorted Mushroom, Rice 	(Vegan) Omni-Meat Mapo Tofu w/ Rice 	(Vegan) Local Planted Organic Root Veggie Stew w/ Fusilli  	(V) Cauliflower Alfredo Farfalle  	(V) Scrambled Egg & Tomato w/ Rice  

















BOWL | Monday: 12:15pm - 1:15pm; Tuesday to Friday: 1:15pm - 2:15pm

Bowl \$40	Stir-fried U-don w/ Beef 	Shanghainese Soup Noodle w/ Chicken (Pre-order Available) 	Dry Noodle w/ Fried Bean & Meat Sauce (ZhaJiangMian)	Taiwanese Soup Noodle w/ Beef (Pre-order Available) 	Barbecued Pork Fried Rice 
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LEO'S | Monday: 7:00am - 3:00pm; Tuesday to Friday: 7:00am - 4:00pm

Salad Box \$36	Smoked Salmon Caesar  	(V) Mediterranean Chopped Salad in Italian Dressing  	Tuna Nicoise 	(V) Japanese Cold U-don w/ Sesame Dressing  	Potato & Chicken Salad in Thousand Island Dressing 
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PIAZZA PIZZA | Monday: 12:15pm - 1:15pm; Tuesday to Friday: 1:15pm - 2:15pm

Pizza A \$29	Mexican Chorizo & Cheese 	Bacon & Cheese 	Carbonara Pizza  	Ham & Cheese 	Meat Lover 
Pizza B (Vegetarian) \$29	(V) Marinara  	(V) Trio Cheese  	(V) Margherita  	(V) Marinara  	(V) Trio Cheese  



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Allergens and descriptive icons are displayed on our daily menu, helping students to make informed dietary choices



From cage-free eggs to low-carbon footprint produce, sustainability is incorporated throughout our menus



May 12 - 16

WEEKLY MENU



12/05 Monday				13/05 Tuesday			14/05 Wednesday			15/05 Thursday			16/05 Friday		
Nutrition Information (per 100g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)
Meal A	Braised Pork Curry in Japanese Style w/ Rice			Spaghetti Bolognaise			Grilled Chicken Steak in Peppercorn Sauce w/ Rice			Sweet & Sour Pork w/ Rice			Boeuf Bourguignon w/ Rice		
	152	10	8	146	7	5	175	9	5	212	12	10	192	15	10
Meal B	Tomato & Chicken Casserole w/ Rice OR Penne			Baked Fish Florentine w/ Rice			Braised Beef Brisket w/ Radish, Rice			Chicken & Mushroom Brown Stew w/ Rice			Baked Fish Fillet in Creamy Pumpkin Sauce w/ Fusilli OR Rice		
	120	9	3	152	12	5	124	10	5	174	15	8	173	8	8
Meal C	(Vegan) Braised White Gourd w/ Assorted Mushroom, Rice			(Vegan) Omni-Meat Mapo Tofu w/ Rice			(Vegan) Local Planted Organic Root Veggie Stew w/ Fusilli			(V) Cauliflower Alfredo Farfalle			(V) Scrambled Egg & Tomato w/ Rice		
	147	7	5	150	5	5	155	3	5	161	4	9	133	7	6
Bowl	Stir-fried U-don w/ Beef			Shanghainese Soup Noodle w/ Chicken (Pre-order Available)			Dry Noodle w/ Fried Bean & Meat Sauce (ZhaJiangMian)			Taiwanese Soup Noodle w/ Beef (Pre-order Available)			Barbecued Pork Fried Rice		
	172	9	5	128	11	5	168	6	8	158	8	9	153	5	3
Salad Box	Smoked Salmon Caesar			(V) Mediterranean Chopped Salad in Italian Dressing			Tuna Nicoise			(V) Japanese Cold U-don w/ Sesame Dressing			Potato & Chicken Salad in Thousand Island Dressing		
	171	9	12	150	2	11	109	6	6	165	10	5	153	13	3



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